



# Doncaster Council

## Report

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Date: 24<sup>th</sup> January 2019

To the Chair and Members of the Council  
Director of Public Health Annual Report 2018

Relevant Cabinet Member(s)	Wards Affected	Key Decision
Cllr Nigel Ball	All	No

### EXECUTIVE SUMMARY

1. The 2018 Doncaster Director of Public Health Annual Report is the fourth authored by Dr Rupert Suckling.

In an increasingly digital world, this year the delivery of the main report is as a short video which will be made available online, the attached PDF version is intended to accompany the video.

This is the first Annual Report to focus on a specific topic and the topic is 'No health without mental health'. As a society it is important that everyone understands what is meant by mental health and is able to talk about it.

For this Annual Report mental health or mental wellbeing is defined as the combination of feeling good and functioning effectively. Feeling good includes not only the positive emotions of happiness and contentment, but also other emotions as interest, engagement, confidence and affection. Functioning effectively (in a psychological sense) involves the development of one's life, having a sense of purpose such as working towards valued goals, and experiencing positive relationships.

Three key factors impact on mental health, living circumstances, personal resources and the activities where energy is focussed. This report concentrates on the activities where energy is focussed and by focusing on the 'Five ways to Wellbeing' people can create better mental health for themselves, their families and their friends.

The Annual Report does not focus on living circumstances, personal resources or mental health services for either children and young people, or adults with mental illness as these issues, services and strategies have all

been the subject of local Overview and Scrutiny reviews in the last year. Locally most mental health services are commissioned by Doncaster Clinical Commissioning Group and provided by Rotherham Doncaster and South Humber NHS Foundation Trust. Further information about these services is available through the individual organisations.

Finally this report provides updates on progress against the five building blocks for good health and wellbeing identified in 2017's report. These are:

- Give every child the best start in life
- Make good growth our watchword for economic development
- Improve healthy life expectancy through preventing disability
- Tackle unfairness and health inequalities
- Build a sustainable and resilient borough

## **EXEMPT REPORT**

2. No

## **RECOMMENDATIONS**

3. Council is asked to NOTE and PUBLISH the report.

## **WHAT DOES THIS MEAN FOR THE CITIZENS OF DONCASTER?**

4. The publication of this report demonstrates the council's commitment to its leadership duties with regard to health improvement, health protection and health and social care quality.

## **BACKGROUND**

5. The Director of Public Health (DPH) has a statutory duty to write a report on the health of the local population and the authority has a duty to publish it (section 73B (5) & (6) of the 2006 Act, inserted by section 31 of the 2012 Act). The content and structure of the report is something to be decided locally.

## **OPTIONS CONSIDERED**

6. No other options considered.

## **REASONS FOR RECOMMENDED OPTION**

7. The recommendation fulfils the council's duty to publish the Director of Public Health annual report.

## IMPACT ON THE COUNCIL'S KEY OUTCOMES

8.

	<b>Outcomes</b>	<b>Implications</b>
	<p><b>Doncaster Working:</b> Our vision is for more people to be able to pursue their ambitions through work that gives them and Doncaster a brighter and prosperous future;</p> <ul style="list-style-type: none"> <li>• Better access to good fulfilling work</li> <li>• Doncaster businesses are supported to flourish</li> <li>• Inward Investment</li> </ul>	<p>Good mental health contributes to increased creativity and productivity at work and poor mental health can be a cause of sickness absence.</p>
	<p><b>Doncaster Living:</b> Our vision is for Doncaster's people to live in a borough that is vibrant and full of opportunity, where people enjoy spending time;</p> <ul style="list-style-type: none"> <li>• The town centres are the beating heart of Doncaster</li> <li>• More people can live in a good quality, affordable home</li> <li>• Healthy and Vibrant Communities through Physical Activity and Sport</li> <li>• Everyone takes responsibility for keeping Doncaster Clean</li> <li>• Building on our cultural, artistic and sporting heritage</li> </ul>	<p>Mental health can be created by better living circumstances including housing conditions. Many of these areas physical activity, arts and culture are specifically mentioned in the Five Ways to Wellbeing approach.</p> <p>A mentally healthy place is a vibrant place</p>
	<p><b>Doncaster Learning:</b> Our vision is for learning that prepares all children, young people and adults for a life that is fulfilling;</p> <ul style="list-style-type: none"> <li>• Every child has life-changing learning experiences within and beyond school</li> <li>• Many more great teachers work in Doncaster Schools that are good or better</li> <li>• Learning in Doncaster prepares young people for the world of work</li> </ul>	<p>Good mental health contributes to better educational outcomes and good educational outcomes support better mental health.</p>

	<p><b>Doncaster Caring:</b> Our vision is for a borough that cares together for its most vulnerable residents;</p> <ul style="list-style-type: none"> <li>• Children have the best start in life</li> <li>• Vulnerable families and individuals have support from someone they trust</li> <li>• Older people can live well and independently in their own homes</li> </ul>	<p>Mental health and physical health are inextricably linked. Creating better mental health could reduce demand on both health and care services.</p>
	<p><b>Connected Council:</b></p> <ul style="list-style-type: none"> <li>• A modern, efficient and flexible workforce</li> <li>• Modern, accessible customer interactions</li> <li>• Operating within our resources and delivering value for money</li> <li>• A co-ordinated, whole person, whole life focus on the needs and aspirations of residents</li> <li>• Building community resilience and self-reliance by connecting community assets and strengths</li> <li>• Working with our partners and residents to provide effective leadership and governance</li> </ul>	<p>A more connected council could support better mental health in Doncaster people and increased mental health in the workforce could increase the effectiveness of the council.</p>

## RISKS AND ASSUMPTIONS

9. There are no specific risks associated with this report.

## LEGAL IMPLICATIONS [Officer Initials NC Date 02/01/2019]

10. The Director of Public Health (DPH) has a statutory duty to write a report on the health of the local population and the authority has a duty to publish it (section 73B (5) & (6) of the National Health Service Act 2006, inserted by section 31 of the Health & Social Care Act 2012). The content and structure of the report is something to be decided locally.

## FINANCIAL IMPLICATIONS [Officer Initials HR Date 04/01/19]

11. There are no specific financial implications arising from this report.

## HUMAN RESOURCES IMPLICATIONS [Officer Initials BT Date 02/01/2019]

12. There are no specific human resource implications with this report.

## TECHNOLOGY IMPLICATIONS [Officer Initials PW Date 31/12/18]

13. There are no specific technology implications with this report.

## **HEALTH IMPLICATIONS [Officer Initials RS Date 02/01/2019]**

14. There are no additional health implications in this report.

## **EQUALITY IMPLICATIONS [Officer Initials RS Date 02/01/2019]**

15. This report continues to identify reducing health inequalities and addressing fairness as one of five building blocks for health and wellbeing. Health varies across the Borough and is associated with deprivation, with those living in the most affluent parts of the Borough perceiving, experiencing and having better health than those living in the less affluent parts of the Borough.

Mental health also varies across the Borough. Suicide is the biggest killer of men under 45 in the UK and every day in the UK 16 people will take their own lives. Commitments in the Annual Report to sign the Prevention Concordat for Better Mental Health and to aim for zero suicides will need to demonstrate 'due regard' under section 149 of the Equality Act 2010: the Public Sector Equality Duty (PSED).

## **CONSULTATION**

16. No formal consultation has taken place to contribute to this report.

## **BACKGROUND PAPERS**

17. Director of Public Health Annual Report 2018.

## **REPORT AUTHOR & CONTRIBUTORS**

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